

PEDIATRIC NURSING –A CHALLENGING CAREER

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“Working with children really creates a certain kind of vulnerability in our caregivers because children aren’t supposed to get sick.”

- Rushton



Nursing is the most difficult field in the medicine. It is a practice in which you need to work with people while they are in distress. Some time difficult decisions need to be made at a time and the emotions of the relatives of the patient also need to be kept in mind.

The profession of pediatric nursing requires diligence and a strong commitment to work. To handle the crying and wailing children can be quite difficult at times. But as a pediatric nurse you must determine to do the right thing and not break down in front of the family or the child while treating them.

It is about a lot more than just runny noses and sore throats. Today’s pediatric nurses say the profession is very challenging but infinitely it is much rewarding. She focuses on palliative care for children in her practice, which opens up a challenges for her as a nurse.

Pediatric nurses provide health and medical care to the children from birth through their teenager. These nurses provide quality care to the child while working with the family to

address their concerns, problems, and options. Pediatric nurse have challenging role to provide care to the children up to toddler and its requires appropriate care. Work as a professional nurse in the pediatric environment can be rewarding and challenging.

"I attribute my success to this; I never gave nor took any excuse."

—Florence Nightingale

"It's the most intimate part of anyone's life. To share that with families and help them through what is the most difficult thing any parent could face: the death of a child."

Where the shortage may be the same, the ramifications of the shortage may be more critical. We should all be concerned. One of the most commonly reported difficulties faced in pediatric nursing are the emotional challenge. While working with patients repeatedly over the course of months or years, nurses become very familiar with their patients and their families. This familiarity can reveal the difficult circumstances that some children are in, especially when children are not receiving the care that they need. While the nurses struggle to improve the child's health and well-being, it can be disheartening to see parents who are not as committed. Watching a child's health deteriorate, for any reason, can be very distressing, so pediatric nursing is not for the faint of heart. Pediatric nurses must have empathy and compassion to best help the children that they work with, regardless of circumstance.

The provision of paediatric care faces a major transition from acute care towards chronic long-term conditions. Unfortunately, in most cases the paediatric health care services that are provided are hospital focused. Therefore, the healthcare models globally are moving from being supply driven towards a demand driven consumer model. In accordance, there is a clear need for expansion of the role of the paediatric nurse, along with adequate certification of competence and skills mix. This expansion of practice involves a broader holistic process in relation to both the patient's and family's needs and the interprofessional collaboration. Family-centered care is considered the "gold" standard of paediatric health care but still continues to be insufficiently implemented into clinical practice. Nowadays, quality of services and patient satisfaction are key components of every health system's evaluation. The literature supports that there are serious

concerns about child health outcomes and the quality of care children and young people receive. Therefore, health policies should target to ensure that the most effective mix of health care personnel delivers care in the most cost-effective way, and that the paediatric nurses are used efficiently and effectively.

Pediatric nurses support children by addressing important issues and dealing with their problems. In addition to meeting the child's needs, nurses communicate and collaborate with families and also fight with them. Pediatric nurses are responsible for enabling and facilitating ethical decision making in children and their parents as well as providing counseling and support to children and their parents to promote and maintain their health. Pediatric nursing is a special field of nursing that focuses on providing medical care particularly for children and their parents from infancy to late adolescence. Especially pediatric nurses may be at higher risk due to the fact that children are usually seen as helpless and vulnerable.

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